

Autism Resources and Information

Resource Lists:

- 100-ish Books on Autism and Neurodiversity: <https://notanautismmom.com/2020/07/20/autism-books/>
- A Novel Mind Neurodiversity/Autism Resources: <https://www.anovelmind.com/neurodiversity-resources>
- AdultAutism Resources: <https://www.adultautism.ie/videos>
- Amazing Autistic Women: <https://www.autismempowerment.org/resource-center/resources-for-females-on-the-autism-spectrum/women-on-the-spectrum/>
- Autistic, Typing Bookshop: <https://bookshop.org/shop/autistictyping>
- Autistic People of Color Fund Resource List: <https://autismandrace.com/resources/>
- Black, Indigenous, and People of Color (BIPOC) resources (xMinds): <https://xminds.org/BIPOC-Resources>
- Neurodivergent Narwhal: www.neurodiversitylibrary.org
- Neurodiversity Hub: <https://www.neurodiversityhub.org/resources>
- Neurodiversity Network: <https://www.neurodiversitynetwork.net/neurodiversity-101>

Books:

- Autistic community and the neurodiversity movement: Stories from the frontline. Kapp, S. K. (2020). Springer Nature. <https://link.springer.com/content/pdf/10.1007/978-981-13-8437-0.pdf>
- Authoring autism: On rhetoric and neurological queerness. Yergeau, M. R. (2018). Duke University Press Books.
- But you don't look autistic at all. Toeps, B. (2020). (F. MacCorquodale-Smith, Trans.). Toeps Media.
- Loud hands: Autistic people, speaking. Autistic Self-Advocacy Network. (2012). Autistic Press.
- Neurotribes: The legacy of autism and the future of neurodiversity. Silberman, S. (2016). Avery.
- Sincerely, your autistic child: What people on the autism spectrum wish their parents knew about growing up, acceptance, and identity. Autistic Women and Nonbinary Network. (2021). Beacon Press.
- Uniquely human: Updated and expanded: A different way of seeing autism. Prizant, B. M. & Fields-Meyer, T. (2022). Simon & Schuster.

- Unmasking autism: Discovering the new faces of neurodiversity. Price, D. (2022). Harmony.
- Welcome to the Autistic Community. Autistic Self-Advocacy Network (2020). Autistic Press. <https://autisticadvocacy.org/2014/02/welcome-to-the-autistic-community/>
- We're not broken: Changing the autism conversation. Garcia, E. (2021). Harvest.

Websites:

- Autism Inclusivity group: <https://www.facebook.com/groups/199323440844846>
- Autistic Self Advocacy Network: <https://autisticadvocacy.org/>
- Autistic Scholar blog: <http://www.autisticscholar.com/>
- NeuroClastic: The autism spectrum according to autistic people: <https://neuroclastic.com/>
- Thinking Person's Guide to Autism: <https://thinkingautismguide.com/>

Videos:

- *"Copy & Paste" – Hidden Asperger's-- Girls with Aspergers*. McCann, N. (2018, December). <https://youtu.be/QY2ctCuTWPw>
- *Ask an autistic playlist*. Schaber, A. https://www.youtube.com/playlist?list=PLAoYMFsyj_k1ApNj_QUkNgKC1R5F9bVHs
- *Autism: A quick trip to my home planet*. Botha, M. (2016, July). <https://youtu.be/NCAErePScO0>
- *Behind the mask: Autism for women and girls*. Kahle, K. (2021, November). <https://youtu.be/Tbes1mm2VgM>
- *Can you imagine a world where you are the minority?* Dachez, J. (2018, December). <https://youtu.be/P7QX-eUil1s>
- *Invisible diversity: A story of undiagnosed autism*. Beckwith-Fellows, C. (2017, July). <https://youtu.be/cF2dhWWUyQ4>
- *Neurodiversity: The new normal*. Coupé, C. (2021, December). <https://youtu.be/WprLOcEyh6M>
- *Neurodiversity – the key that unlocked my world*. Wiklander, E. (2017, February). <https://youtu.be/Qvvrme5WIwA>
- *Steve Silberman: The forgotten history of autism*. (2015, June). https://www.youtube.com/watch?v=_MBiP3G2Pzc
- *Unmasking the stigma behind autism in females*. Peach, E. (2022, July). <https://youtu.be/7KPK5sMar5w>

- *VidCon 2019 Neurodiversity Panel*. (2019, July). <https://www.youtube.com/watch?v=dhIp-uRutiY>
- *What women with autism want you to know*. Iris. (2018, November). <https://www.youtube.com/watch?v=NwEH9Ui4HV8>
- *What it's really like to have autism*. Lisi, E. (2020, April). <https://youtu.be/y4vurv9usYA>
- *Why everything you know about autism is wrong*. den Houting, J. (2019, September). <https://youtu.be/A1AUdaH-EPM>

Written by Nonspeakers:

- Leaders around me: Autobiographies of autistics who type, point, and spell to communicate. Peña, E. V. (2019). Independent.
- The reason I jump: The inner voice of a thirteen-year-old boy with autism. Higashida, N. (2016). (K.A. Yoshida & D. Mitchell, Trans.). Random House Publishing Group.
- Typed Words, Loud Voices. Sequenzia, A. & Grace, E. (eds). (2017). Autonomous Press.

Underrepresented Genders & Sexualities:

- Amy Gravino: <https://www.amygravino.com/>
- Autism in heels: The untold story of a female life on the spectrum. O'Toole, J. C. (2018). Skyhorse.
- Autistic Girls Network: <https://autisticgirlsnetwork.org/>
- Autistic Women/non-binary support group | LGBTQIA+: <https://www.facebook.com/groups/2511027439174891/>
- Autism Women and Non-Binary Network: <https://autismwomensnetwork.org/>
- Autistic women support group | LGBTQ+ inclusive | safe place: <https://www.facebook.com/groups/1944262575825340/>
- Nerdy, shy, and socially inappropriate: A user guide to an Asperger life. Kim, C. (2014). Jessica Kingsley Publishers.
- Queerly autistic: The ultimate guide for LGBTQIA+ teens on the spectrum. Ekins, E. (2021). Jessica Kingsley Publishers.
- Supporting transgender autistic youth and adults: A guide for professionals and families. Gratton, F. V. (2019). Jessica Kingsley Publishers.
- The autism-friendly guide to periods. Steward, R. (2019). Jessica Kingsley Publishers.
- The awesome autistic guide for trans teens. Purkis, Y. (2022). Jessica Kingsley Publishers.

- The spectrum girl's survival guide. Castellon, S. (2020). Jessica Kingsley Publishers.
- Trans and autistic: Stories from life at the intersection. Adams, N. & Liang, B. (2020). Jessica Kingsley Publishers.
- Uncomfortable labels: My life as a gay autistic trans woman. Dale, L. K. (2019). Jessica Kingsley Publishers.

Underrepresented Races & Ethnicities:

- A letter to black and indigenous autistic teens. Neuroclastic – AferalWolfChild. (2022). <https://neuroclastic.com/a-letter-to-black-and-indigenous-autistic-teens/>
- Afrotistic. Omeiza, K. A. (2022). I'm Heard.
- All the weight of our dreams: On living racialized autism. Onaiwu, M. G. & Autism Women's Network. (2017). DragonBee Press.
- Aprender a quererme. <https://www.aprenderaquererme.com/>
- Autinelle. <https://laurenmelissaellzey.com/>
- Autism in black. <https://www.autisminblack.org>
- Autism in Latin American communities. Whalen, K. (2021). <https://awnnetwork.org/autism-in-latin-american-communities/>
- Autistic, typing. <https://www.facebook.com/AutisticTyping/>
- Black madness: Mad blackness. Pickens, T. A. (2019). Duke University Press
- Come Meet Drayden. Young-Askew, D. (2020). Independent.
- Fidgets and Fries. <https://www.facebook.com/fidgetsandfries>
- Joy Johnson MEd, MS, BCBA, LBA. <https://joyfjohnson.com/>
- Kayla Smith. <https://www.youtube.com/channel/UC1FEfn93reBHUXMp0zr9gyg>
- Neurodivergencia Latina. <https://neurolatino.wordpress.com/>
- Nigh Functioning Autism. <https://nighfunctioningautism.com/>
- The Color of Autism. <https://thecolorofautism.org/>
- The Black Autist. <https://blackautist.wordpress.com/>
- Tyla Grant. <https://www.youtube.com/tylagrant>
- What is Police Violence?: A plain language booklet about anti-Black racism, police violence, and what you can do to stop it. Autistic Self Advocacy Network. <https://autisticadvocacy.org/policy/toolkits/police/?fbclid=IwAR1JZXOeTf11TnGoOo58z3fs3LOLdjirrMiBgVJcbUSALNbnpwBd2880AM>

Teens

- Diary of a young naturalist. McAnulty, D. (2020). Generic.
- M is for autism. Martin, V. & Students of Limpsfield Grange. (2015). Jessica Kingsley Publishers.
- Moojag and the Auticode secret. McMorrان, N. E. (2020). Spondylux Press.
- On the edge of gone. Duyvis, C. (2020). Amulet Paperbacks.
- Shake it up!: How to be young, autistic, and make an impact. Hansen, Q. (2022). Jessica Kingsley Publishers.
- The awesome autistic go-to guide: A practical handbook for autistic teens and tweens. Purkis, Y. & Masterman, T. (2020). Jessica Kingsley Publishers.

Older Children

- A boy called bat. Arnold, E. (2017). Walden Pond Press.
- A kind of spark. McNicoll, E. (2020). Knights Of.
- Anybody here seen Frenchie? Connor, L. (2022). Katherine Tegen Books.
- Anything but typical. Baskin, N. R. (2010). S&S Books for Young Readers.
- Can you see me? Scott, L. & Westcott, R. (2020). Scholastic Press.
- Get a grip, Vivy Cohen! Kapit, S. (2020). Dial Books.
- See ME: The invisible autistic boy. Petrovic, D. (2022). Independent.
- The infinite. Agbabi, P. (2023). Canongate Books.
- The many mysteries of the Finkel family. Kapit, S. (2021). Dial Books.
- The secret life of Rose: Inside an autistic head. Smitten, R. & Smitten, J. (2021). Independent.
- The someday birds. Pla, S. J. (2018). HarperCollins.
- The state of grace. Lucas, R. (2018). Feiwel & Friends.
- West meadows detectives series. O'Donnell, L. (2018). Owlkids.

Younger Children

- A friend for Henry. Bailey, J. (2019). Chronicle Books.
- Do you want to play?: Making friends with an autistic kid. Share-Strom, D. (2020). Independent.
- Benji, the bad day, and me. Pla, S. J. (2018). Lee & Low Books.

- Happy, flappy, and me! Johnson, J. (2020). Independent.
- Juan has the jitters. Cruz, A. (2020). North Atlantic Books.
- Just right for you. Heyworth, M. (2021). Reframing Autism Ltd.
- Noah chases the wind. Worthington, M. (2015). Readleaf Lane.
- The autistic boy in the unruly body: Autism and I series. Tino, G. C. (2022). Independent.
- The brain forest. Menon, S. (2022). Onwards and Upwards Psychology.
- Too Sticky!: Sensory issues with autism. Malia, J. (2020). Albert Whitman & Company.
- We're Amazing, 1 2 3! A story about friendship and autism (Sesame Street). Kimmelman, L. (2017). Golden Books. (in Spanish: Somos Maravillosos ¡1 2 3!)
- Why Johnny doesn't flap: NT is OK! Morton, C. & Morton, G. (2015). Jessica Kingsley Publishers.

Parents:

- Start here: A guide for parents of autistic kids. Autistic Self-Advocacy Network (2021). Autistic Press. <https://autisticadvocacy.org/wp-content/uploads/2021/04/booklet-interior-4.1.pdf>
- Autism: How to raise a happy autistic child. Hewitson, J. (2018). Spring.
- Avoiding anxiety in autistic children: A guide for autistic wellbeing. Beardon, L. (2020). Sheldon Press.
- Beyond behaviours: Using brain science and compassion to understand and solve children's behavioural challenges. Delahooke, M. (2020). Hachette UK.
- I will die on this hill: Autistic adults, autism parents, and the children who deserve a better world. Ashburn, M. & Edwards, J. (2023). Jessica Kingsley Publishers.
- Parenting Autistic Children with Love & Acceptance: <https://autloveaccept.wordpress.com/>

Clinicians & Educators:

- Autism: A new introduction to psychological theory and current debate. Fletcher-Watson, S. & Happe, F. (2019). Routledge.
- Connecting with the autism spectrum: How to talk, how to listen, and why you shouldn't call it high-functioning. Vormer, C. R. (2020). Rockridge Press.
- Hacking deficit thinking: 8 reframes that will change the way you think about strength-based practices and equity in schools. McClure, B. & Reed, K. (2022). Times 10 Publications.



- Inclusive education for autistic children. Wood, R. (2019). Jessica Kingsley Publishers.
- Judy Endow, LCSW. <http://www.judyendow.com/>
- Learning About Neurodiversity at School (LEANS). <https://www.ed.ac.uk/salvesen-research/leans>
- Learning from autistic teachers. Wood, R., Crane, L., & Happe, F. (2022). Jessica Kingsley Publishers.
- Neurodiversity affirmative therapists:
<https://www.facebook.com/groups/2219847184963504/>
- The guide to good mental health on the autism spectrum. Purkis, Y., Goodall, E., & Nugent, J. (2016). Jessica Kingsley Publishers.

Niche Content:

- Law and neurodiversity: Youth with autism and the juvenile justice systems in Canada and the United States. Baker, D. L. (2020). University of British Columbia Press.
- The PDA paradox: The highs and lows of my life on a little-known part of the autism spectrum. Thompson, H. (2019). Jessica Kingsley Publishers.